

Anxiety Disorder Research

Guidelines for Authors

Aims and Scope

Anxiety Disorder Research is the official peer-reviewed, open-access scientific journal of the Japanese Society of Anxiety and Related Disorders (JSAD).

The purpose of this journal is to publish important, original, and innovative articles that advance the understanding, assessment, treatment/intervention, and prevention of anxiety disorders and related conditions. Topics of interest include behavioral, cognitive, and biological assessments; diagnosis and classification; neuroscience and genetics; sociocultural factors; mechanisms and comorbidities; epidemiology; psychosocial and psychopharmacological treatments/interventions; prevention; implementation science; theoretical developments; and policy.

The journal provides an international platform for interdisciplinary scholarship and professional exchange, and also accepts manuscripts written in Japanese.

Article Types

Anxiety Disorder Research publishes articles of different types. Once you have determined the appropriate article type, it is imperative that you read the Manuscript Preparation section before submitting your manuscript:

Original Article

Definition: Original Articles should be empirical or theoretical papers that demonstrate originality.

- Length for main text (excluding abstract, references, tables, and figure legends): up to 5,000 words
- Tables/Figures: up to 8
- References: up to 50

Review Article

Definition: Review Articles should comprehensively examine a wide range of domestic and international issues related to important topics and provide an overview from a unique perspective.

- Length for main text (excluding abstract, references, tables, and figure legends): up to 6,000 words
- Tables/Figures: up to 10
- References: up to 100

Short Report

Definition: Short Reports should present highly original, timely, or preliminary findings.

- Length for main text (excluding abstract, references, tables, and figure legends): up to 2,500 words
- Tables/Figures: up to 3
- References: up to 20

Material

Definition: Materials should report on studies with material value, such as replication studies of previous domestic and international research, the creation of databases, the development of instruments or scales, attempts at new treatments, or proposals of analytical methods.

- Length for main text (excluding abstract, references, tables, and figure legends): up to 5,000 words
- Tables/Figures: up to 8
- References: up to 50

Letter

Letters should be written in the form of correspondence and may include discoveries, reflections, or easily overlooked diagnostic pitfalls encountered in daily clinical or research activities, as well as various opinions (such as additions, discussions, or requests) regarding articles published in this journal.

- Length for main text (excluding references): 1,000 words
- References: up to 5

Case Report/Case Study

Case Reports/Case Studies should be articles based on practical experiences in fields such as healthcare, education, or social welfare, aiming to identify and address issues arising in practice.

- Length for main text (excluding abstract, references, tables, and figure legends): up to 5,000 words
- Tables/Figures: up to 5
- References: up to 50

Study Protocol

Study Protocols should provide a detailed description of the design of planned or ongoing studies, primarily covering clinical trials and systematic reviews with meta-analyses that require registration and public disclosure in a registry. When submitting under this article type, authors must clearly indicate the name of the registry and the registration number as a separate line immediately below the abstract.

- Length for main text (excluding abstract, references, tables, and figure legends): up to 5,000 words
- Tables/Figures: up to 8
- References: up to 50

Others

In addition to submitted manuscripts, the journal may publish invited manuscripts from the Editorial Committee (e.g., special feature articles, reviews), clinical guidelines issued by the JSAD and their secondary publications, as well as other materials deemed necessary by the JSAD Board of Directors. These submissions may be exempted from certain parts of the peer-review process.

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The journal applies APCs according to the first author's membership status in JSAD, the manuscript type, and the language of the manuscript.

For manuscripts written in English, the APC is waived when the first author is a JSAD member. Non-members are charged 100,000 JPY for Original Articles, Review Articles, Materials, Case Reports/Case Studies, and Study Protocols, and 50,000 JPY for Short Reports and Letters.

APCs are waived for invited manuscripts requested by the Editorial Committee, for clinical guidelines issued by the JSAD and their secondary publications, for materials recognized as necessary by the JSAD Board of Directors, and for Letters that provide comments on articles previously published in this journal.

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Submission

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Submission of a manuscript to the journal implies that all authors: have approved it, warrant it is factual, have agreed to its submission, and have the right to publish it.

Originality

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When assessing the novelty of a manuscript submitted to the journal, the editors will not be influenced by other manuscripts that are posted on community-recognized preprint servers after the date of submission to the journal.

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Please also see the “Data availability” section.

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Peer Review Process

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When a manuscript is submitted to the journal, it is assigned to the editor-in-chief and the associate editor, who perform initial screening. Manuscripts that do not fit the journal's scope or

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Upon receipt of the two reviewers' reports, the editor makes the first decision on the manuscript. If the decision is to request a revision of the manuscript, authors have two months to resubmit their revised manuscript. Revised manuscripts submitted after this deadline may be treated as new submissions. The editor may send revised manuscripts to peer reviewers for their feedback or may use his or her own judgment to assess how closely the authors have followed the Editor's and the reviewers' comments on the original manuscript. During the review and editorial process, the handling editor may request that the authors change the manuscript type

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The members of the Editorial Board act in advisory roles, providing feedback as reviewers and making suggestions to improve the journal. In cases where the editor-in-chief is an author on a manuscript submitted to the journal, a member of the Editorial Board is responsible for making the final decision on the manuscript's suitability for publication in the journal.

Reviewer selection, timing, and suggestions

Reviewers are selected based on their expertise in the field, reputation, recommendation by others, and/or previous experience as peer reviewers for the journal.

Reviewers are invited within 2 weeks of an article being submitted. Reviewers are asked to submit their first review within 3 weeks of accepting the invitation to review. Reviewers who anticipate any delays should inform the Editorial Office as soon as possible.

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- descriptions of technically rigorous research
- of high interest to the journal's audience
- important additions to the field.

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The JSAD has granted the journal's Editorial Board complete and sole responsibility for all editorial decisions. The JSAD will not become involved in editorial decisions, except in cases of a fundamental breakdown of the process.

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APCs are waived for invited manuscripts requested by the Editorial Board, for clinical guidelines issued by the JSAD and their secondary publications, for materials recognized as necessary by the JSAD Board of Directors, and for Letters that provide comments on articles previously published in this journal.

Publication charge

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All manuscripts must be submitted via the journal's online submission system: [\[the URL will be announced on January 15, 2026\]](#). Although the submission system interface is displayed in English, manuscripts written in Japanese must also be submitted through the same system, and all input fields must be completed in Japanese. The original or revised manuscript text may be uploaded as a PDF or Microsoft Word file, but a Word file is required for the final manuscript text. Figures may be submitted separately in several other formats.

If you encounter any problems with online submission, please contact the Editorial Office:
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As this journal employs a single-blind peer review process, it is not necessary to conceal any information that could identify the authors in the submitted files.

Authors wishing to include figures, tables, or text passages that have already been published elsewhere are required to obtain permission from the copyright owner(s) for publication and to

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Each abbreviation should be defined in parentheses after its non-abbreviated term when it first appears in the text (except in the Title and Abstract).

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Do not use the specific brand names of devices and other products and services, unless it is essential to the discussion. Instead, please use a descriptive name.

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In accordance with [the International Committee of Medical Journal Editors \(ICMJE\)' recommendations](#), all clinical trials must be registered with a public trials registry before the time of first patient enrollment. The trial registration number and name of the registry must be provided on a separate line immediately below the abstract.

ICMJE defines clinical trials as any research that prospectively assigns people or a group of people to an intervention, with or without concurrent comparison or control groups, to examine the cause-and-effect relationship between a health-related intervention and a health outcome. Health-related interventions include, but are not limited to, those used to modify a biomedical or health-related outcome; examples include drugs, surgical procedures, devices, behavioral treatments, educational programs, dietary interventions, quality improvement interventions, and process-of-treatment changes.

The journal accepts registration from the following list of registries as well as other primary registries that participate in the [WHO International Clinical Trials Portal](#):

- www.anzctr.org.au
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Cover letter

Authors must submit a cover letter that includes the title of the manuscript and the contact details of the corresponding author. The cover letter should be prepared separately from the main document. Authors should summarize the aims and outcomes of their work and how and why the manuscript is appropriate for publication. Details of any relevant consent and/or ethics approvals and other such items must be included in the cover letter. In addition, any other

relevant information that is required at the time of submission should be included in the cover letter.

General formatting

The general structure of the manuscript should be organized as follows:

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- Abstract and keywords
- Main text
- Acknowledgments
- Conflict of interest
- Data availability
- Author contribution
- Ethics approval and consent to participate
- References
- Figure legends
- Tables
- Figures
- Supplementary materials

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Abstract and keywords

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Main text

The Journal requires that the main text of all manuscripts be prepared in accordance with the latest edition of [the APA Publication Manual](#).

The journal also requires authors to follow the EQUATOR Network's [Reporting Guidelines for health research](#). Study types include, but are not limited to, randomized trials, observational studies, systematic reviews, case reports, qualitative research, diagnostic and prognostic studies, economic evaluations, animal pre-clinical studies, and study protocols.

For manuscripts that do not directly address anxiety disorders or related conditions, authors must include a separate subheading in the Discussion section titled "Implications for Practice, Policy, and Research Relevant to Anxiety Disorders and Related Conditions." The subheading title may be modified as appropriate to reflect the content of the manuscript.

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Authors must disclose the source of publicly available data and materials, such as public repositories or commercial manufacturers, by including accession numbers or company details in their manuscript, as appropriate.

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Conceptualization: Author 1.

Funding acquisition: Author 1.

Investigation: Author 1, Author 2.

Supervision: Author 1.

Visualization: Author 3.

Writing – original draft: Author 1, Author 2, Author 3.

Writing – review & editing: Author 1, Author 2.

OR

Author 1: Conceptualization, Funding acquisition, Supervision, Writing – original draft, Writing – review & editing.

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Authors must declare that they have obtained and complied with all relevant ethics approvals for studies involving human or animal subjects. For studies involving human participants, authors must also declare that informed consent was obtained. Where applicable, the approval code issued by the Institutional Review Board (IRB) and the name of the approving institution(s) must be provided. If ethics approval and/or informed consent is not relevant or applicable to a submitted manuscript, the statement “Not applicable” should be included under this section heading.

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